



EMERGENCY PREPAREDNESS PLAN

2011

Nobody ever expects a disaster to occur. But, they do happen and they happen quickly. You may not have much time to act. Knowing what to do in an emergency is your best protection and your responsibility. When you take simple steps to prepare yourself and your family, you stand a much better chance of surviving a disaster.

This plan addresses the most common disasters for this area and the specific procedures you should follow if one occurs.



Earthquake - Prior to any earthquake, each guest should preplan and practice steps they will take in the event of an earthquake.

If you are indoors:

- Take cover under any sturdy piece of furniture.
- Stay away from windows or ceiling objects such as lighting fixtures.
- **Do not light matches** or candles.
- **Do not turn on electrical** equipment of any kind.
- Use only **battery operated** flashlights and radios.

If you are outdoors:

- Find an open area and remain there until the earthquake stops.
- Stay away from power poles and electrical lines, tall buildings, bridges, brick or block walls, underpasses and trees.
- Listen to a self contained (battery operated) radio for emergency instructions.
- Confine and secure all pets so they will not hamper emergency service employees in the performance of their duties.
- After shocks may occur, so be prepared.

Fire - There are steps you can take to minimize the dangers associated with fires and improve your chances of survival should a fire erupt in or around your RV or campsite.



Prevention and Safety Tips:

- Be sure you have properly operating smoke detectors and fire extinguishers. If one or more of your smoke detectors are battery operated, replace the batteries annually or more often if necessary. An easy to remember schedule is to change your batteries to coincide with daylight savings time.
- Make sure everyone knows how to use the emergency exits in your RV. Practice using them with the whole family.
- Be sure your heating and electrical systems are properly maintained and in good working order. Carefully follow the instructions on all appliances and heating units, taking special care not to overload your electrical system.
- Keep matches, lighters, and candles away from small children. Children tend to be curious about fire and tend to hide when frightened.
- Make an itemized list of your personal property, including furniture, clothing, appliances, and other valuables. If available, make a video tape of your possessions. Keep the list and/or tape up-to-date and store them along with the other important documents.

In Case of Fire in your RV:

- Immediately assess the problem to assist you in exiting away from the fire source
- Know how to use a fire extinguisher
- Get everyone out of the RV **immediately**
- **Without risk to any person, get pets out of the RV.**
- Call 9-1-1 or the Fire Department, then call the park office 619-596-3141 (from a neighbor's phone or a cell phone.)

and:

1. Give: your name, telephone number you are calling from, park address (9310 Fanita Pkwy., Santee, CA 92071), space number where the fire is and any helpful directions.

2. Describe the type/nature of the fire (gas, wood, chemical, electrical).
3. State that the fire is in an RV and report any known injuries.
4. If and only if safe, turn off the propane and disconnect the electricity.
5. Tell all residents or guests near the fire source to stand ready with water hoses to wet down their structures or adjacent building(s) in case of traveling sparks.
6. Make sure all guests have left the affected structure and **immediately** let the fire department personnel know if any disabled person(s) or anyone not accounted for and may still be in the structure.
7. **Never go back into a burning structure.**
8. If smoky conditions are present, remember that smoke rises and stay as close to the floor as possible. Before exiting a door, feel the bottom of the door with the palm of your hand. If it is **hot**, find another way out. **Never open a door that is hot to the touch.**
9. Should your clothing catch fire: **first drop...then roll. Never run.** If a rug or blanket is handy, roll yourself up in it until the fire is out.



Flood - Items you should know in the event of a flood.

- Know the elevation of your location in relation to nearby streams, rivers, and lakes.
- Have several escape routes planned.
- The National Weather Service continuously broadcasts updated weather conditions, warnings and forecasts on National Oceanic Atmospheric Administration (NOAA) weather radios. A NOAA radio may be purchased at radio or electronic stores. Local broadcast stations transmit Emergency Alert System messages which may be heard on standard radios.
- When rising water threatens, move your RV to higher ground.
- If one escape route is not passable do not waste any time - try another route or back track to higher ground. Use travel routes specified by local officials. **Never** drive through flooded roadways. **Do not** bypass or go around barricades.
- Wear life preservers if possible. Wear appropriate clothing and **sturdy shoes.**
- Avoid any contact with flood water. Flood water may be contaminated and pose health problems. If cuts or wounds come in contact with flood waters, clean the wound as thoroughly as possible.
- Take your Emergency Disaster Supplies Kit with you.

- When you reach a safe place, call your pre-determined family contact person.

After a flood:

- Return back to your RV site **only** after authorities say the danger of more flooding is over.
- If fresh food has come in contact with flood waters, **throw it out**.
- Do not reconnect to water, sewer or electric until park management has authorized you to do so.

Evacuation

If evacuation is necessary, you will hear announcements from the Patrol Vehicles. In addition, Santee Lakes staff and volunteers may come door-to-door. When guests cannot be contacted by either of these methods, Staff will contact guests by telephone. There are several ways to get out of Santee Lakes. Please refer to the Day Use and Campground map given to each guest when entering Santee Lakes.

If guests with disabilities are in need of additional assistance, Santee Lakes staff will make every attempt to help in evacuation. However, Padre Dam Municipal Water District and staff at Santee Lakes are not responsible for physically evacuating guests from the campground/day use area or for providing any materials or services to guests during an emergency.

Your Personal Emergency Plan

In the unlikely event of a natural or man-made disaster, we want our guests to have the utmost safety procedures in place. More than likely, you have all the recommend items for a personal emergency plan. Make sure you are familiar with Santee Lakes evacuation routes and procedures and discuss them with your family or others in your party.

Use this guide to develop your own personal emergency plan.

- Find out which disasters are most likely to occur in the areas you are visiting.
- Know how to prepare for each disaster and how you would be warned of an emergency.
- Learn about the community's warning signals: what they sound like and what you should do when you hear them.
- Learn the park's main evacuation routes.
- If needed, ask about special assistance for elderly or disabled persons.
- Ask about animal care during and after an emergency. Animals may not be allowed inside emergency shelters due to health regulations.

Checklist of Emergency Procedures

Meet with your family and discuss why you need to prepare for disasters. Explain the dangers of fire, severe weather and earthquakes to children, elderly individuals, and persons needing special assistance. Plan to share responsibilities and work together as a team. The following may be used in creating your own emergency plan:

- Discuss what to do in an evacuation.
- Pick an alternative location to meet, in the event a family member cannot return to the campsite.
- Pick one out-of-state and one local friend or relative for family members to call if separated by disaster (it is often easier to call out-of-state than within the affected area).
- Instruct family members to turn on a battery powered radio for emergency information.
- Teach children how and when to call 9-1-1 and a long distance contact person.
- Keep family records in a water and fire-proof container.
- If your RV can not be evacuated, make sure to turn the propane tanks off. Disconnect the RV from power, water and cable/electric.
- Take a basic first aid and CPR class.
- Prepare a disaster supply kit

If Disaster Strikes:

- Remain calm and patient. Put your plan into action.
- Check for injuries; give first aid and get help for seriously injured.
- Listen to your battery powered radio for news and instructions.
- Evacuate if advised to do so. Wear appropriate clothing and sturdy shoes.
- Check for damage to your RV - use a flashlight only. **Do not light matches or turn on electrical switches**, if you suspect damage.
- Check for fires, fire hazards and other household hazards.
- If you are remaining in your RV, sniff for gas leaks, starting at the hot water heater. If you smell gas or suspect a leak, turn off the propane tanks, open windows, and get everyone outside quickly.



- Shut off any other damaged utilities.
- Clean up spilled medicines, bleaches, and any other flammable liquids immediately.

Remember to:

- Confine or secure your pets.
- Call your family contact - **do not use the telephone again unless it is a life- threatening emergency.**
- Check on your neighbors, especially elderly or disabled persons.
- Make sure you have an adequate water supply in case service is shut off.
- Stay away from downed power lines.

First Aid Procedures

Information on first aid can be found in your local phone book or by contacting the American Red Cross.

If the injured individual(s) are in imminent danger they should carefully be moved to a safe location to administer first aid. In the case where injuries are severe and movement could cause further injuries, **do not move** the injured. Make the injured person(s) as comfortable as possible and wait for emergency personnel.

Before emergencies, prepare a first aid kit. Have the kit in an easy to locate place. Make sure all family members know the location of the kit.

Be Prepared!

Government and Relief Agencies estimate that after a major disaster, it could take up to three days for relief workers to reach some areas. In such cases, a 72 hour disaster supply kit could mean the difference between life and death.

In other emergencies, a 72 hour disaster supply kit means the difference between having a miserable experience or one that's like a pleasant family camp out.

In the event of an evacuation, you will need to have items in an easy-to-carry container like a backpack or duffle bag.

Sample First Aid Kit

Sterile adhesive bandages in assorted sizes
 2 & 4-inch sterile gauze pads (4-6 each)
 Hypoallergenic adhesive tape
 Triangle bandages (3)
 2 & 3-inch sterile roller bandages (3 rolls each)
 Scissors
 Tweezers
 Needle
 Moistened towelettes
 Antiseptic
 Thermometer
 Tongue blades (2)
 Tube of petroleum jelly or other lubricant
 Assorted sizes of safety pins
 Cleansing agent/soap
 Burn gel & dressings
 Latex gloves (2 pairs)
 Sunscreen
 Aspirin
 Syrup of Ipecac
 Activated charcoal (use only if advised by the Poison Control Center)

Family Disaster Supplies Kit

You should inspect your supplies at least twice a year or before each trip. Rotate food and water every six months. Check children's clothing for proper fit. Adjust clothing for winter or summer needs. Check expiration dates on batteries, light sticks, warm packs, food and water. Keep a light source stored in the top of your kit for easy access in the dark.

More than likely most of the recommended supplies are already included in your RV or camp supplies. If not, you might want to consider adding these items to your packing list.

3-5 gallons of water (one gallon/person/day) & method of water purification

- Food: ready-to-eat canned meats, fruits, and vegetables; canned juices, milk, soup; high energy foods - peanut butter, jelly, crackers, granola bars, trail mix; specialty foods for infants, elderly persons or persons on special diets; comfort/stress foods - cookies, hard candy, sweetened cereals, lollipops, instant coffee, tea bags; vitamins
- Matches in a waterproof container and second method of starting a fire
- Tent/shelter
- Wool-blend blankets or sleeping bags (1 per person)
- Emergency reflective blanket
- Lightweight stove and fuel
- Hand and body warm packs
- Rain poncho
- Flashlight, batteries, and extra batteries
- Candles and/or Light sticks
- Pocket/utility knife and Tools (pliers, hammer, screw drivers, shovel, hatchet or axe,)
- Sewing kit
- 50-foot nylon rope
- First aid kit and supplies, insect repellent and sun block/sunglasses
- Radio, batteries, and extra batteries
- Whistle with neck cord
- Personal sanitation equipment
- Personal comfort kit (include soap, toothbrush, toothpaste, comb, tissue, razor, deodorant), and any other needed items
- Extra Clothing (include at least one complete change of clothing and footwear per person per day) extra socks, underwear, hat, gloves, and sturdy shoes
- Mess kits, paper cups, plates and plastic utensils, non-electric can opener, foil



- Cash (at least \$20) or traveler’s checks, change for phone calls
- Fire extinguisher: small canister, ABC type
- Portable toilet
- Tape
- Compass
- Signal flare
- Household chlorine bleach
- Special or prescription medication, contact lenses, a spare set of glasses
- Baby items - formula, diapers, bottles, powdered milk, medications, and favorite security items

Local Emergency & Contact Information

Local emergency broadcast station frequency - KEC62, frequency 162.40

Agency:	Phone Number:
Red Cross Emergency - El Cajon	(619) 542-7642
Santee Sheriff Dispatch	(858) 565-5200
Santee Fire Department	9-1-1
State-Federal Flood Operations Center	(800) 952-5530
Cal Fire	(916) 653-5123
Department of Water Resources Flood Management	(916) 574-0601
National Weather Service (NWS)	(916) 979-3051
California Emergency Management Agency (CalEMA)	(916) 845-8510
Padre Dam’s Santee Lakes 9310 Fanita Pkwy. Santee, CA 92071	(619) 596-3141